



Case 1

73yo man, never smoker with HTN presents to clinic with one week of an ache and pressure just inferior to his sternum that comes on with minimal activity, usually in the evening or early in the morning. Self resolves after about 10 minutes. Still able to walk a few blocks with his dog.
Total Chol 180, HDL 38, LDL 142
A1c 5.6

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?

Case 2

45yo woman, remote smoker with well controlled DM presents to clinic with two months of sharp intermittent central chest pain every couple of days while working around the house or in the grocery store and goes away on its own with rest. She cannot climb stairs or walk more than a block due to her bilateral knee OA.
Total Chol 180, HDL 38, LDL 142, A1c 7.2

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?

Case 3

75yo man, active smoker with HTN and COPD (GOLD 3), presents to clinic with one week of chest tightness when gardening or bringing in the groceries that goes away after a few minutes of rest.
Total Chol 180, HDL 38, LDL 142 – on statin
A1c 5.6

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?

Case 4

62yo man, active smoker with COPD (GOLD 3), DM and a prior DES placed in his RCA three years ago now complaining of shortness of breath and chest tightness that occurs every couple of days, usually with exertion but sometimes with rest and goes away on its own. He cannot walk up stairs due to hip pain. On ASA, BB, ACE-I, statin. VSS, exp wheezing on exam. On a statin & A1c – 7.9

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?

Case 5

55yo woman, active smoker with well controlled DM presents to clinic with two to three weeks of chest tightness and shortness of breath that comes on when she is hiking and goes away with rest after 10-15 minutes.
Total Chol 180, HDL 38, LDL 142
A1c 7.2

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?

Case 6

65yo man, active smoker with HTN presents with two days of chest pain whenever he goes up the stairs or after a few blocks of walking the dog. He feels diaphoretic and dizzy when it happens and needs to sit down. Symptoms self resolve after 10 minutes.
Total Chol 180, HDL 38, LDL 142 – on statin
A1c 5.6

Pre-Test Probability?

Obtain ECG

Which Stress Test? Exercise or Pharmacologic?

Medical Management or LHC?