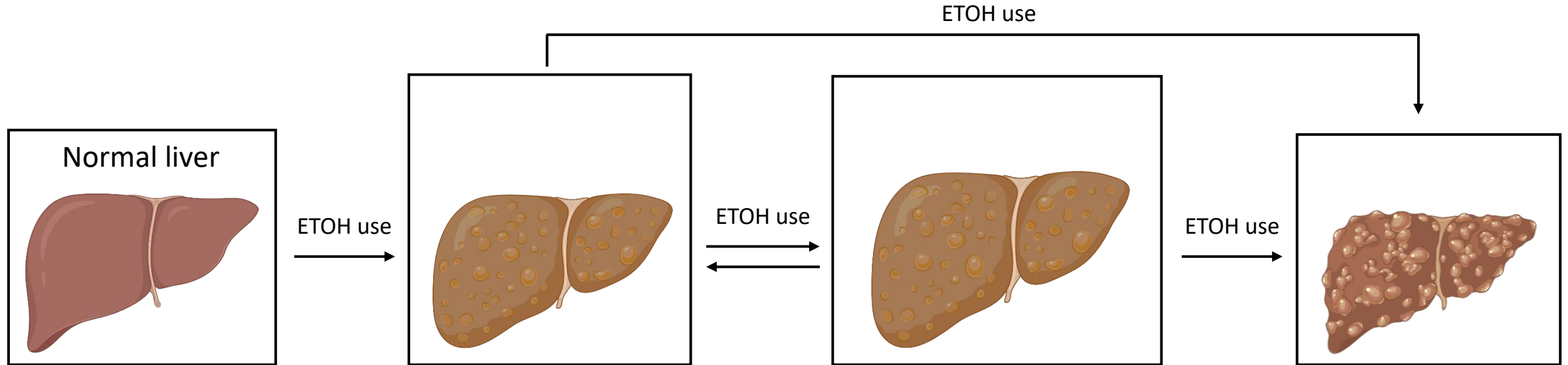


# Alcohol-related Liver Disease

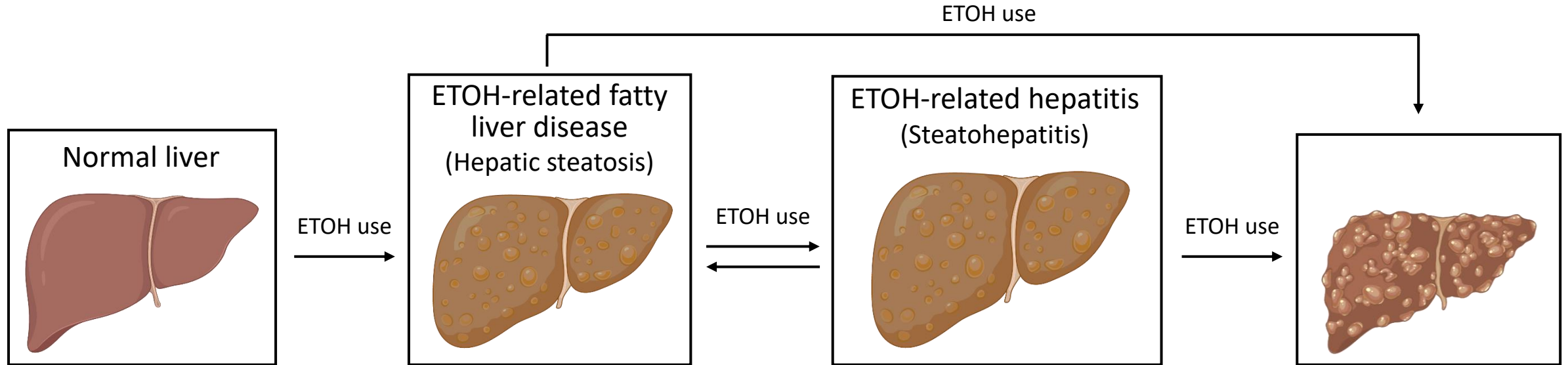


**Diagnosis**

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**Treatment**

# Alcohol-related Liver Disease



## Diagnosis

- Often incidental finding
- $\pm \uparrow$  LFTs
- Indistinguishable from NAFLD on US or biopsy

- Clinical diagnosis!
- AST:ALT is  $>2$  and  $<400$
- Tbili  $>3$
- Heavy ETOH use within 60 d
- May have fever,  $\uparrow$ WBC, RUQ pain, ascites

- Risk scores (APRI, FibroTest, ELF)
- Small nodular liver
- Elastography
- Liver biopsy

## Treatment

Alcohol cessation



Diet



Risk stratify (MDF, MELD)  
 $\pm$ prednisolone if MDF $\geq$ 32