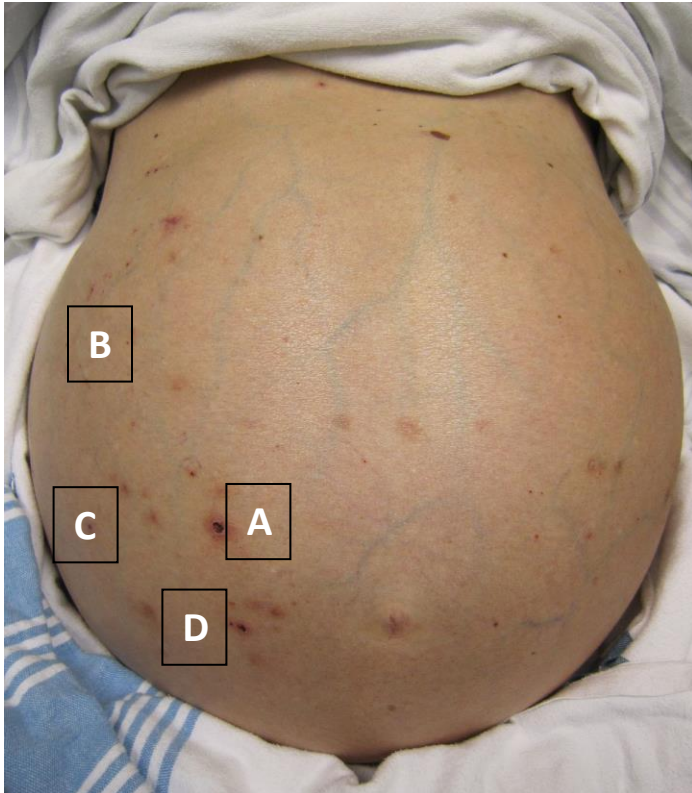


Paracentesis Pre-work Quiz:

1. Which of the following is an indication for a large volume paracentesis in a patient with large ascites?
 - a. Early satiety
 - b. Lower extremity edema
 - c. Acute kidney injury
 - d. No additional indication necessary if a patient has large ascites
2. Which of the following is a strict contraindication to a large volume paracentesis?
 - a. Sepsis
 - b. Intra-abdominal hypertension
 - c. INR >2
 - d. Plt <50
3. Which of the following is the most ideal site for a paracentesis? C



4. What is the preferred ultrasound transducer for evaluation of ascites?
- Phased array
 - Linear
 - Curvilinear
 - Hepatic

5. Identify the following structures

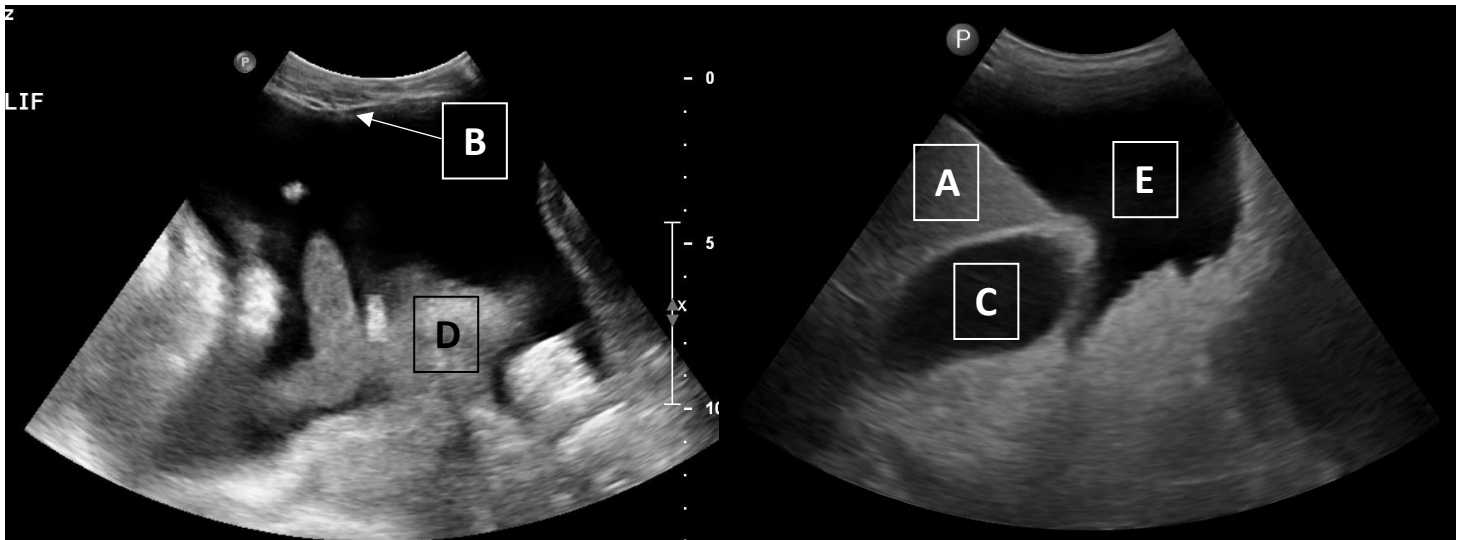
Peritoneum_B__

Bowel_D__

Liver_A__

Ascites_E__

Gallbladder C

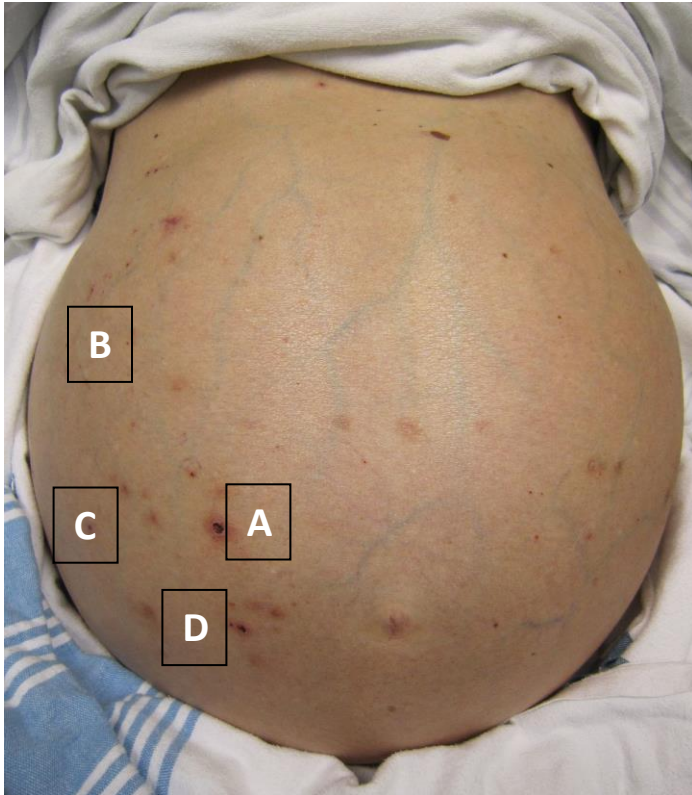


6. What is the minimum distance between the peritoneum and adjacent structures in all 3 dimensions that is safe for a therapeutic paracentesis?
- 1cm
 - 3cm
 - 4cm
 - 5cm
7. Which of the is NOT a potential complication of a large volume paracentesis?
- Bowel obstruction
 - Hypotension
 - Abdominal wall hematoma
 - Persistent ascites fluid leak
 - Acute kidney injury
8. What is the most appropriate concentration and amount of albumin to infuse for a 10L large volume paracentesis?
- 50g of 25% IV albumin
 - 75g of 25% IV albumin
 - 50g of 5% IV albumin
 - 75g of 5% IV albumin
9. A patient presents with sub-acute shortness of breath and abdominal distention with pain. Ascites is noted on bedside ultrasound and a paracentesis is performed. Two liters of clear straw-colored fluid is removed. Fluid studies reveal a leukocyte count of 420 (40% PMNs), ascitic protein is 3.3 g/dL and ascitic albumin of 2.1 g/dL. Serum studies reveal a creatinine of 1.9 mg/dL, total bilirubin of 1.5 mg/dL, AST 70 U/L, ALT 100 U/L, albumin 3.3 g/dL. What is the next step in management?
- Obtain a liver ultrasound with Doppler

- b. Obtain a transthoracic echocardiogram
 - c. Consult hepatology for a liver biopsy
 - d. Start ceftriaxone for presumed spontaneous bacterial peritonitis
10. A patient with known alcoholic cirrhosis whose ascites is typically well managed with diuretics presents with a tense and painful abdomen. He denies other new symptoms. Large ascites is confirmed with bedside ultrasound and a therapeutic paracentesis is performed. Which of the following is the most appropriate list of peritoneal fluid studies to obtain? Cell count, gram stain and culture, lactate dehydrogenase, albumin, total protein
- a. Cell count and cytology
 - b. Cell count and albumin
 - c. Cell count, gram stain and culture
 - d. None, just remove fluid until abdominal pain improves

Paracentesis Pre-work Quiz: (correct answers bolded)

11. Which of the following is an indication for a large volume paracentesis in a patient with large ascites?
- a. Early satiety
 - b. Lower extremity edema
 - c. Acute kidney injury
 - d. No additional indication necessary if a patient has large ascites
12. Which of the following is a strict contraindication to a large volume paracentesis?
- a. Sepsis
 - b. Intra-abdominal hypertension
 - c. INR >2
 - d. Plt <50
13. Which of the following is the most ideal site for a paracentesis? **C**



14. What is the preferred ultrasound transducer for evaluation of ascites?

- a. Phased array
- b. Linear
- c. Curvilinear
- d. Hepatic

15. Identify the following structures

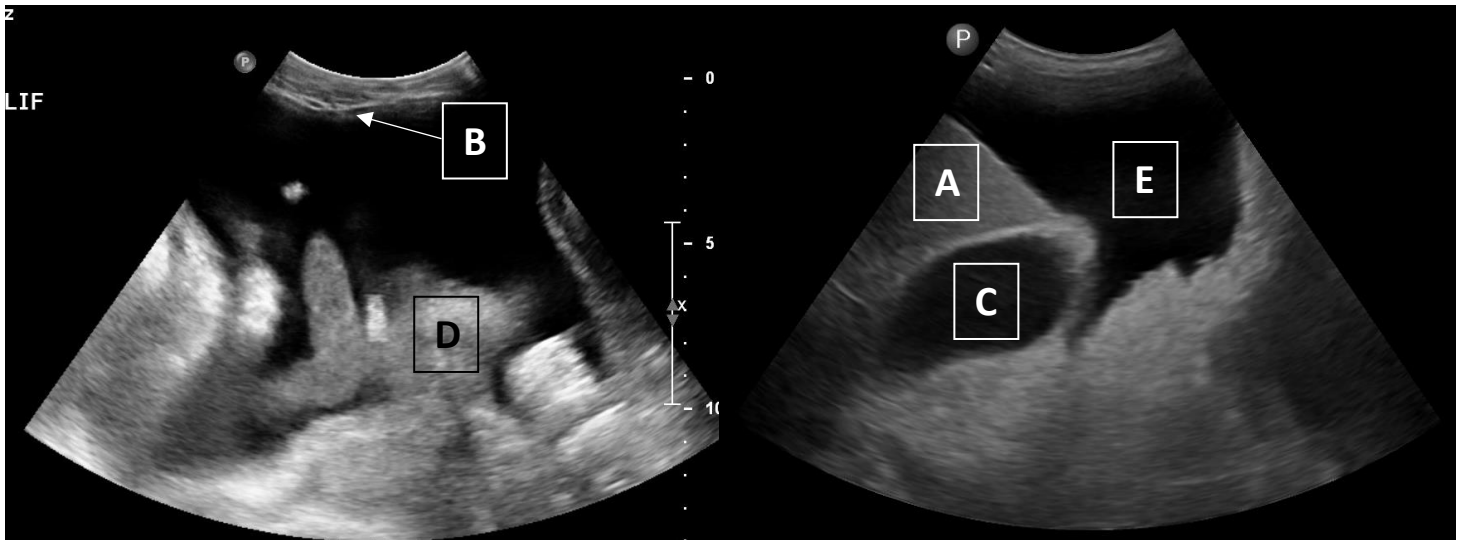
Peritoneum_B__

Bowel_D__

Liver_A__

Ascites_E__

Gallbladder C



16. What is the minimum distance between the peritoneum and adjacent structures in all 3 dimensions that is safe for a therapeutic paracentesis?

- a. 1cm
- b. 3cm
- c. 4cm
- d. 5cm

17. Which of the is NOT a potential complication of a large volume paracentesis?

- a. Bowel obstruction
- b. Hypotension
- c. Abdominal wall hematoma
- d. Persistent ascites fluid leak
- e. Acute kidney injury

18. What is the most appropriate concentration and amount of albumin to infuse for a 10L large volume paracentesis?

- a. 50g of 25% IV albumin
- b. 75g of 25% IV albumin
- c. 50g of 5% IV albumin
- d. 75g of 5% IV albumin

19. A patient presents with sub-acute shortness of breath and abdominal distention with pain. Ascites is noted on bedside ultrasound and a paracentesis is performed. Two liters of clear straw-colored fluid is removed. Fluid studies reveal a leukocyte count of 420 (40% PMNs), ascitic protein is 3.3 g/dL and ascitic albumin of 2.1 g/dL. Serum studies reveal a creatinine of 1.9 mg/dL, total bilirubin of 1.5 mg/dL, AST 70 U/L, ALT 100 U/L, albumin 3.3 g/dL. What is the next step in management?

- a. Obtain a liver ultrasound with Doppler

- b. Obtain a transthoracic echocardiogram
 - c. Consult hepatology for a liver biopsy
 - d. Start ceftriaxone for presumed spontaneous bacterial peritonitis
20. A patient with known alcoholic cirrhosis whose ascites is typically well managed with diuretics presents with a tense and painful abdomen. He denies other new symptoms. Large ascites is confirmed with bedside ultrasound and a therapeutic paracentesis is performed. Which of the following is the most appropriate list of peritoneal fluid studies to obtain? Cell count, gram stain and culture, lactate dehydrogenase, albumin, total protein
- a. Cell count and cytology
 - b. Cell count and albumin
 - c. Cell count, gram stain and culture
 - d. None, just remove fluid until abdominal pain improves